

Lichen Cowl



By Lauren Weinhold - LollyKnitting Around ©2008
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This cowl was inspired by the varying shades and textures of lichens. Knit simply in the round with added texture of purl rows and color changes, this cowl can be worn with the “right” and “wrong” side out. One side offers the purl bump texture, while the other displays alternating stripes. The cowl can also be worn simply draping over the neck and shoulders, or looped twice for a snug warmer fit around the neck.

Needles: Size US 8 (5.0mm) 16” circular needles

Yarn: 2 skeins of worsted weight yarn

- Cascade 220 (wool) in 9429 military green, color A
- Cascade 220 9451 teal, color B

Gauge: 18 stitches = 4 inches, although gauge is not very important

Notions: Stitch markers, darning needle

Cast on 120 stitches using the long tail cast-on method with color A.

Row 1: Knit in color A

Row 2: Knit in color A

Row 3: Change to color B, knit

Rows 4 - 5: Knit in color B

Row 6: Knit in color A

Row 7: Purl in color A

Rows 8-10: Knit in Color A

Row 11: Knit in color B

Row 12: Purl in color B

Rows 13-15 : Knit in color B

Repeat Rows 6 - 15 until piece measures 6 inches long, or until there are 10 rows of color stripes. If you prefer a longer cowl, add more repeats here.

To finish:

Knit 1 row in color B, Purl next row, Knit 3 more rows.
Change to color A, knit one round. Bind off loosely.



Photo 1 and 4 - Right side facing / Photo 2 and 3 - Wrong side facing

